

# Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at [actonlibrary@actonlibrary.org](mailto:actonlibrary@actonlibrary.org)

What is your connection to Old Saybrook?

Retired here 5 years ago

When, where, and how did you quarantine?

I quarantined at home with my husband. We cooked, played cards, read, watched television and did puzzles.

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I did feel prepared as I anticipated this happening and was well stocked.

How did the pandemic affect you and your family?

The basic difference was not seeing our grandchildren for over a month.

Did you learn anything about yourself during this experience that surprised you?

I don't mind being alone and I don't really need to shop that much

Did you require help or social services during the shutdown and how did you navigate that?

No

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

Excellent job!

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

The shortages and how it brought families together

Is there anything else you would like to share?

I think the pandemic was a good way for young busy families to slow down and enjoy life

### General Demographics

- ☒ Adult (18+)
- ☐ Teen (13-17)
- ☐ Child (12 and under)

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