## Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at <a href="mailto:actonlibrary@actonlibrary.org">actonlibrary.org</a>

What is your connection to Old Saybrook?

I live here

When, where, and how did you quarantine?

Started mid March at home with my husband and daughter

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

I did not feel prepared because I didn't know what to prepare for. I bought too many groceries and panicked about the lack of cleaning products, toilet paper, diapers and sanitizer.

How did the pandemic affect you and your family?

It has been hard. My 3 year old daughter is having the hardest time because she doesn't understand

Did you learn anything about yourself during this experience that surprised you?

I am a germaphobe. I knew I was a little but this pandemic really threw me for a loop. I also learned that I have some old things from my past haunting me and the pandemic brought them into the light

Did you require help or social services during the shutdown and how did you navigate that?

No

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

The town did GREAT! I so appreciated and still do the emergency response team updates, it was so helpful to see all that pulled together. And the town provided masks for people. I am thoroughly impressed!

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

I loved seeing people come together to try and help. In those first few weeks it was heartwarming.

Is there anything else you would like to share?

No

General Demographics
Adult (18+)
Teen (13-17)
Child (12 and under)

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