

# Old Saybrook Life During COVID-19...So Far

We would like to know how you are making it through this historic time in Old Saybrook. We would like to document this time to make it available for future generations. We do understand that we are not through with COVID yet, but please tell us how you are doing so far. Please answer as many of the question that you can. If you have any questions email us at [actonlibrary@actonlibrary.org](mailto:actonlibrary@actonlibrary.org)

What is your connection to Old Saybrook?

Resident

When, where, and how did you quarantine?

Sinc 3/15/2020 at home in Old Saybrook

Did you feel prepared for the pandemic? How did you navigate the shutdown of services and shortage of supplies, such as hand sanitizer and paper products?

Not prepared but I already had plenty of paper products. Didnt have hand sanitizer, washed my hands a lot.

How did the pandemic affect you and your family?

We were/are fortunate to be healthy and retired. Our 4 children are all fully employed and working at home. We had one family gathering in the back yard, wearing masks and staying apart. It was a picnic and everyone brought their own food.

Did you learn anything about yourself during this experience that surprised you?

I learned that i enjoy having no agenda. I think i was too busy. My bv spouse and I found ways to spend our days mostly apart and then coming together in the afternoon and evening. That was good.

Did you require help or social services during the shutdown and how did you navigate that?

No need for special services but I have a condition that requires monitoring and treatment every 5 weeks. My first visit in late March was kind of strange but subsequent visits have been fine.

How do you feel the Town of Old Saybrook responded to the COVID-19 crisis?

The town is doing well. Erring a bit on the side of caution. That is good. I likef the face mask distribution.

What will be the experiences and stories you will share with people in the future when you talk about the pandemic?

My grocery shopping via a delivery service was a rough ride at first. My feelings of gratitude for the kindness. My amazement at the people who protested violently about needing a haircut!

Is there anything else you would like to share?

I am still wonderong what our "normal" will be like.

### General Demographics

☒ Adult (18+)

☐ Teen (13-17)

☐ Child (12 and under)

# Google Forms